

FÓRUM FASHION

ENGLISH VERSION
2022. FALL

SYNAESTHESIA

A COLORFUL, FRAGRANT,
ENTICING SEASON
IN FASHION, TOO

MOVE IT!

GEAR UP TO
THE SPEED
OF SPORTS

SLOW LIFE

EXPERIENCE
THE MOMENT

*"I KNOW WHAT IT IS LIKE
TO BE IN DIRE STRAITS..."*

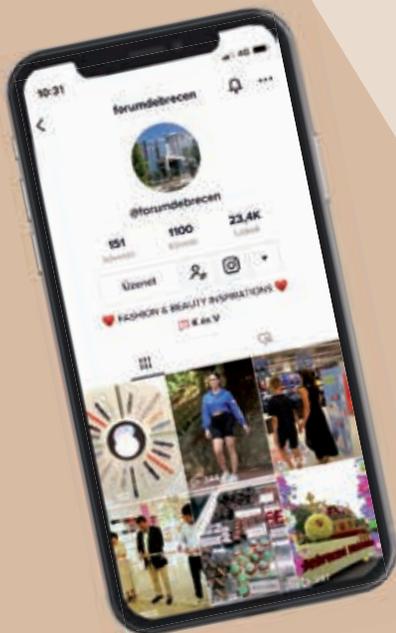
REA MILLA

*From fleeing to a modeling career
and charity work*

FORUM
DEBRECEN

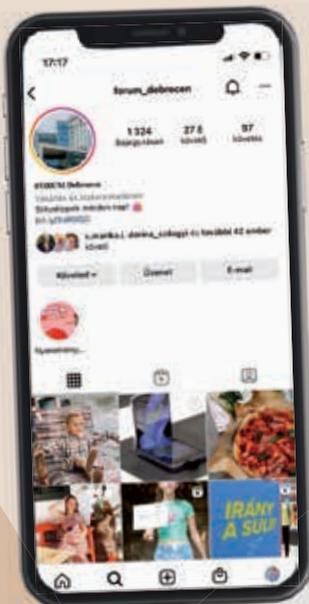
#WEAREONLINE

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FALL IS HERE AGAIN!

Each season of this year brought such a strong sense of vitality to the world of fashion that was almost too hard to follow. It appeared that people were throwing themselves into the cavalcade of color with an increased lust for life.

Fall will be no different: the season will literally harvest all refreshing features of the uninhibited joy of spring and summer, with vibrant and exciting pieces appearing on store shelves, which our Fórum Fashion Magazine now gives you a small taste of.

Fórum's team have compiled a rather impulsive choice of programs for our shoppers for the third quarter of 2022. Our pinball exhibition will be well liked by all age groups, and the entire family will have an opportunity to replenish their closet during our Glamour and Joy Days.

We won't forget about Halloween either, bringing both children and adults some chilling programs on floor -1. Last in row is black friday, which will crown the season with its carnival of special offers.

We also greet the theater now opened in the building of Fórum, and wish the Csokonai Fórum debuting in this wonderful environment the best in worldwide success.

Fall therefore will hardly be a season of dull and gray weekdays, but rather a time of saying yes to life.

I wish you a pleasant time reading and shopping.

Ajtony Átányi

Mall Manager

Fórum Debrecen Shopping Mall

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FÓRUM FASHION

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THE MAGAZINE CONTAINS PRICES THAT ARE AVAILABLE UPON GOING INTO PRESS. CERTAIN PRODUCTS ASRE STILL BEING INTRODUCED.



EDITOR'S CHOICE



LILI VINCZE

To tell the truth I was looking forward to the new season, because for me fall symbolizes not only passing but also renewal. As nature dresses up in her richly colored attire, fashion too supplies the colder days with its prettiest tones and textures. Our current issue is spiced up with the uniqueness of eclectic design. The symbols - sometimes excessive and bold, still tasteful and zesty in accordance with the season and shot through the lenses of fashion - that we chose to illustrate the pages with will be to your liking, and perhaps you will find inspiration wherever you look in the latest issue of Fórum Fashion Magazine.



PETRA PULINKA-PIKÓ

Even though the summer was chock full of challenges, my enthusiasm did not diminish with the coming fall, as editing the magazine provided me with new motivation. I always find the preparations refreshing, and this last period has had numerous memorable moments. Our team was amongst the lucky first to marvel at the latest collections of the season, and this for me, a fashion zealot, amounted to a session of "fashion therapy." I am glad to be able to show you, readers, my favorite pieces, most of which are characterized by a more classic design, since I believe that the most persistent pieces are also the most stylish ones. I hope you will like them!



1. BLAZER ZARA 15,995 HUF
2. MINI BAG ZARA 9,995 HUF
3. ANKLE BOOTS BERSHKA 10,995 HUF
4. RING BIJOU BRIGITTE 5,490 HUF
5. FOUNDATION (30 ML) GIORGIO ARMANI - DOUGLAS 23,290 HUF
6. LIPSTICK YVES SAINT LAURENT - DOUGLAS 14,290 HUF

WOOLEN HAT
H&M 8,995 HUF

ANKLE BOOTS
ZARA 32,995 HUF



EARRINGS
BIJOU BRIGITTE
CHECK IN STORE

CROSSBODY BAG GUESS 45,900 HUF

ARMANI PRIVÉ VERT
MALACHITE EDP (50 ML)
GIORGIO ARMANI -
DOUGLAS
76,790 HUF

ANNA NOVÁK



EARRINGS
ZARA
5,995 HUF

BRA
INTIMISSIMI
13,990 HUF

BLAZER
ZARA
35,995 HUF

I WANT CHOO EDP
(40 ML)
JIMMY CHOO -
DOUGLAS
22,990 HUF

MINI BAG
STRADIVARIUS
5,995 HUF

EYESHADOWS
PALETTE
CLARINS - DOUGLAS
17,490 HUF

We are looking back on a really exciting period of immense teamwork that produced the fall issue. Editing the magazine issues I always find the latest one is my favorite, but perhaps this new issue will be most precious to me. Our concept this time was to combine the mysterious luxuriance of fall with something strikingly new and unique. Alongside classic cuts you may find current trends, so I think this magazine issue is indeed diverse, fresh, and packed with novelties. I am sure that leafing through the pages readers will get some new ideas in connection to fashion, cooking, or literature.

BLAZER ZARA 22.995 HUF
TOP H&M 6.459 HUF
PANTS ZARA 15.995 HUF
HIGH HEELS BERSHKA 12.995 HUF
MINI BAG BIJOU BRIGITTE 12.990 HUF
EARRINGS BIJOU BRIGITTE 2.490 HUF



FÓRUM PORTRAIT

What is life like for an average 14-year-old girl? As a fledgling she feverishly tries to make her place in the world, she rebels, obsesses, and is full of questions. Kafiya, aka Rea Milla, however, was dealt a different hand at the age of 14. She had to flee through countries all on her own to escape from forced marriage, until she finally arrived in Hungary

and settled down. That's enough trauma to break you, but Rea has radiant optimism and is an all-around positive person. As a child she stood up after being beaten down in the harshest situation, then she graduated from university, and this year she managed to put her name in the big book of modeling in all capitals.

REA MILLA

When Hungarians all over the country learned about your story, you were still using your maiden name, but in the meantime you became Rea Milla. What motivated you to change your name?

Currently I am using my stage name, Rea Milla, but I was born as Kafiya. I come from Somalia, where people don't really like their girls doing modeling jobs. Also, I don't adhere to the traditions of my culture and my old faith, and I live like an average European. The final decision about the name change was made at a shooting, where I had a crucifix in my mouth. On social media I received threats because of the photos, so I made up a stage name to be safe.

How did you get to Hungary?

I lived in a big family, because I have four blood siblings and three half siblings. I am the oldest, so I had to look after the younger ones and help my mother wherever I could. My parents got divorced when I was still small, because my dad wanted boys but my mum only had girls. It's not so easy for women in Somalia to get a divorce, but men are free to do it. When I was 14, I ran away from home, because my father popped up in my life again to marry me off to a man of his choosing. My mum had other plans for us, but she couldn't counter my dad's intention, as the law was on his side. If I had stayed, I would have had to be on the run throughout my whole life, while bringing disgrace

COAT ZARA 22,995 HUF
BODY ZARA 4,995 HUF
SANDALS ZARA 29,995 HUF
NECKLACE BIJOU BRIGITTE 5,990 HUF



on my mother's family, so we decided it would be best to leave the country and hope to find a better life for myself. My primary concern was to help my family and make their lives better, too.

How did you set off?

Very abruptly. I started from Somalia on my own with a human trafficker. From there we got to Iran, then Turkey, Greece, Serbia, and finally to Hungary. The journey took me one year: it was really long.

Weren't you afraid?

Oh yes I was, very much, but my goal made me strong. I said to myself: a much better life is awaiting me if I just hang on and put up with it. Of course, there were times when I couldn't get up: we had been walking for hours, but my fellow refugees helped and supported me.

Why did you stop in Hungary?

When we arrived, we were immediately registered. Only me and another girl were in the refugee group, and the police took pity on us. One of them comforted me saying we were safe here, so we might as well stay. I needed that kindness and care. Since I was underage, I was transferred to a children's home in Fót. There, too, I got a lot of assistance. I didn't mean to live entirely on others' goodwill, but with their help to proceed on my own, to learn and work. This was the first place where I experienced kindness, and felt really safe.

How did you manage to settle in?

Hungary is wholly different from life at home. I arrived in summer, and in September I was already going to school. That was frightening. For example, in winter at four p.m. it was already dark outside, so we went back to the children's home in the dark, and I was freaking out because in Somalia everyone hurries home after dark, especially girls, since night streets are not safe at all. This was really difficult to get used to: to learn that you are not in any dan-

ger just because the sun has set. The other refugee girls who had arrived before me comforted me saying this was a different world. But blending in itself was not so difficult, because I had always been friendly and open. Of course, after the children's home I was transferred to a girls' institute (for children that have no papers yet but already attend school-ed.), where I saw some distressing things.

When you arrived in Hungary, you were still living according to Muslim customs. When did that change?

I came to the country with my head covered, but a year later I met someone who introduced me to Christianity. Even though I was a Muslim, I was always open to other religions. After a time I realized that Christianity was much closer to my heart. I didn't get rid of the hijab right away after this revelation. For example, I practiced my Christian prayers in secret, and I still covered my head. Then later, when I had the feeling that wasn't right and I had no connection to it any longer, I took it off.

How was it?

It was strange. Very strange. When I first went out onto the street without my shawl, I turned the corner so the other Somali girls in the building could not see me. Of course I couldn't keep it a secret for long, and they were curiously watching my every step to know where I was going and why I wasn't wearing my head scarf.

Love also found you here in Hungary.

Yes, and it was really weird to see people going out and dating without any obligations. In Somalia if you meet someone they will become your husband. You don't get to decide this, but your family does, and you can't change that. Dates and rendezvous are quite different, too. Your future husband comes to your home, and you two can only talk if the whole family is present. There is no private time. It was very unusual for me to see that you can freely decide who to love, what is more, you are free to say that it's not working out and it's over. I usually start a relationship with the mindset that there can be no-one else, I am not looking for other options, so it was difficult to get used to the fact that here relationships are not necessarily permanent.

You finished high school here and are currently attending university. What do you major in?

I have just changed my major. First I took English Studies, but now I am learning to be a fashion designer. I alter my course quite often, watching myself closely to see what really suits me and what interests I have. Fashion is very important in my life right now; luckily I was admitted, too. I wish to stick to the field in the future by all means.

How did modeling come into your life?

By accident, really. After I lost my headscarf, my face was revealed, people were free to observe me, and many times I was

stopped on the street and asked if I wanted to try modeling. At the time I didn't really think it was for me. I was genuinely surprised when a friend from the congregation, who was working at a modeling agency, said they would be happy to have me I wanted to go for it. I applied and they accepted me, and I have been with the same agency, Avantage Management, ever since, and I like them a lot.

Success was quick to come, too, with photoshoots in rapid succession, as well as an award granted just this year...

Can I be honest? First I couldn't even believe that I had been nominated, because there are a lot of talented and beautiful models in Hungary. I didn't understand how I could be shortlisted: after all I was absolutely unknown. So I had a hard time accepting that, and I felt much honored, but when I won I was really happy and I still can't really believe it.

You use your fame for charity.

I love helping people, because I know what it is like to be in dire straits, when you feel you don't come first, you're not at all important. I act as ambassador for migration at noÁr movement, but I also work for Close to Africa, where I help African children by solving any problem that may arise. During my work I focus mainly on girls, but of course I help boys, too, since they are lost in the system: people think they cannot get hurt, that they can fix anything, but this is not true, they are vulnerable, too. Naturally girls are susceptible to more harm. So the cause of refugees is close to my heart and I am striving to be very active. I want people to understand that refugees are not one and the same, not cut from the same cloth, and you mustn't judge them based on preconceptions.

When did you last see or talk to your family?

I chatted to my mum online just yesterday, but unfortunately I haven't been able to see her or my siblings in person or hug them for over 10 years.

Do you think you will have the opportunity to do so in the near future?

I'm afraid this is a very complex problem. I would like to bring my mum over here and show her how open and free you can be in Europe, but even though I tell her a lot about it and she knows what I do and how I live, she's still not clear about everything. But I would like her to be here with me one day.

How do you picture your life in the future?

My partner is Hungarian, has a family here, and my private life ties me to Hungary. I would gladly go abroad for 1 or 2 years, as I have always been open to new experiences and I don't think it helps if you're bogged down in one place, but I can picture my private life here.

DRESS ZARA 22,995 HUF
SANDALS ZARA 25,995 HUF
MINI BAG PARFOIS 12,495 HUF
EARRINGS PARFOIS 2,995 HUF
NECKLACE BIJOU BRIGITTE 4,990 HUF
SOCKS CALZEDONIA 1,595 HUF





VEST ZARA 15,995 HUF
SHIRT ZARA 15,995 HUF
PANTS ZARA 10,995 HUF
HIGH HEELS ZARA 19,995 HUF
SUNGLASSES BIJOU BRIGITTE 4,990 HUF
EARRINGS BIJOU BRIGITTE 3,990 HUF
NECKLACE BIJOU BRIGITTE 3,990 HUF
BRACELET BIJOU BRIGITTE 3,990 HUF

SHIRT H&M 7,995 HUF
SKIRT H&M 6,495 HUF
LACE-UP FLAT ANKLE BOOTS
CCC SHOES & BAGS 24,995 HUF
MINI BAG H&M 6,495 HUF
HAT H&M 5,995 HUF
SUNGLASSES H&M 6,495 HUF
RHINESTONE CHOKER BODY CHAIN
STRADIVARIUS 4,995 HUF



MODEL: REKA V. A. | Styling: Magdolna Nagy | Management: PHOTO: BOGLI BOGNÁR | MAKEUP: ESZTER KLAPKA | HAIR: LAJOS VISKI | LOCATION: COURTESY OF NÉPBOLT.



BLAZER STRADIVARIUS 12,995 HUF
JUMPSUIT RINASCIMENTO 24,590 HUF
HIGH HEELS STRADIVARIUS 9,995 HUF
CROSSBODY BAG H&M 6,495 HUF
EARRINGS BIJOU BRIGITTE 4,990 HUF
BROOCH BIJOU BRIGITTE 5,990 HUF
BELT STRADIVARIUS 4,995 HUF

PHILIPS LUMEA IPL
HAIR REMOVAL DEVICE
MEDIA MARKT
151,947 HUF



XIAOMI OCLEAN X PRO
SAKURA PINK
ELECTRIC TOOTHBRUSH
MSTORE 24,900 HUF



SAMSUNG THE FREESTYLE
PORTABLE PROJECTOR
SAMSUNG EXPERIENCE STORE
369,990 HUF



REMYNGTON S9001 HYDRALUXE
PRO HAIR STRAIGHTENER
MEDIA MARKT 51,029 HUF



ROWENTA ULTIMATE EXPERIENCE
SCALP CARE HAIR DRYER
MEDIA MARKT 59,999 HUF



REDMI BUDS 3
MSTORE 11,900 HUF



XIAOMI ROBOROCK
S7 VACUUM MOP
MSTORE 179,900 HUF



SAMSUNG GALAXY
Z FLIP4 256 GB
SAMSUNG
EXPERIENCE STORE
499,990 HUF

Do you prefer your gadgets following your circadian rhythm? Being able to work out anything in the blink of an eye? Whether housecleaning or wavy locks, the most cutting edge smart devices assist you this year, so that not even a minute is lost in the whirlwind of everyday chores.

In sync with you



MODERN MELODIES / IN A RETRO GUISE

Do you follow in your grandfather's steps collecting vinyl?
Do you also think that the voices of Adele or Harry Styles sound
better when their new hits are spinning on a record player?

No matter the genre: this comeback format
now connects all styles - and generations -
in the endless galaxy of music.



1. QUEEN: GREATEST HITS II MEDIA MARKT 13,999 HUF, 2. MARLEY EM BAKELIT TURNTABLE MEDIA MARKT 89,999 HUF

3. AC/DC: BACK IN BLACK MEDIA MARKT 7,299 HUF, 4. HARRY STYLES: HARRY'S HOUSE MEDIA MARKT 11,999 HUF

5. ARIANA GRANDE: SWEETENER MEDIA MARKT 4,299 HUF, 6. ADELE: 30 MEDIA MARKT 9,999 HUF, 7. NIRVANA: NEVERMIND MEDIA MARKT 11,999 HUF



1

For all occasions

A wedding, a meeting, a Friday night cocktail party, a night at the movies, or a date - whatever you have highlighted in red in your planner, you will surely find the fitting bag in Fórum Debrecen. Moreover, boldness leads to success this year, since the most riotous bags are a perfect match for any conventional outfit.



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7

1. CROSSBODY BAG WITH CHAIN STRAP **BERSHKA** 7,995 HUF, 2. MINI BAG **PULL&BEAR** 5,995 HUF, 3. LEATHER CROSSBODY BAG **ZARA** 25,995 HUF, 4. MINI BAG **PARFOIS** 6,995 HUF, 5. SHOULDER BAG **H&M** 3,495 HUF, 6. TOTE BAG **STRADIVARIUS** 7,995 HUF, 7. CROSSBODY BAG **BERSHKA** 5,995 HUF

LAKESIDE CHIC

Be honest: if you had to guess the inspiration for one of this season's trendiest accessories, would you have chosen fishing ponds? However, fashion is full of surprises. Proving everyone wrong bucket hats came, saw, and conquered all, therefore it's time you and they clicked, since they will have a guaranteed place on our heads in a thousand fall colors. You don't even need a fishing rod to make your outfit stylish: combine hats with either jeans, baggy and oversize shirts, and sneakers or tailored suits and high heels. Any way you might wear it, you can't go wrong. You won't have reason to complain about the choice either: these chic hats will beckon from store shelves in an endless vari-



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6

ety of exciting materials and delightful patterns, sharing the space with pieces of the classic line. For dramatic effect you may want to wear a wide-brim, romantic piece in fall 2022, since this year nothing is too much. Don't forget: modern queens use not crowns but hats to mesmerizing effect.

1. BUCKET HAT PARFOIS 6,995 HUF, 2. BUCKET HAT H&M 4,495 HUF, 3. BUCKET HAT H&M 4,495 HUF
4. BUCKET HAT PARFOIS 4,995 HUF, 5. BERET H&M 2,995 HUF
6. HAT BIJOU BRIGITTE 4,990 HUF

C'EST *la* VIE



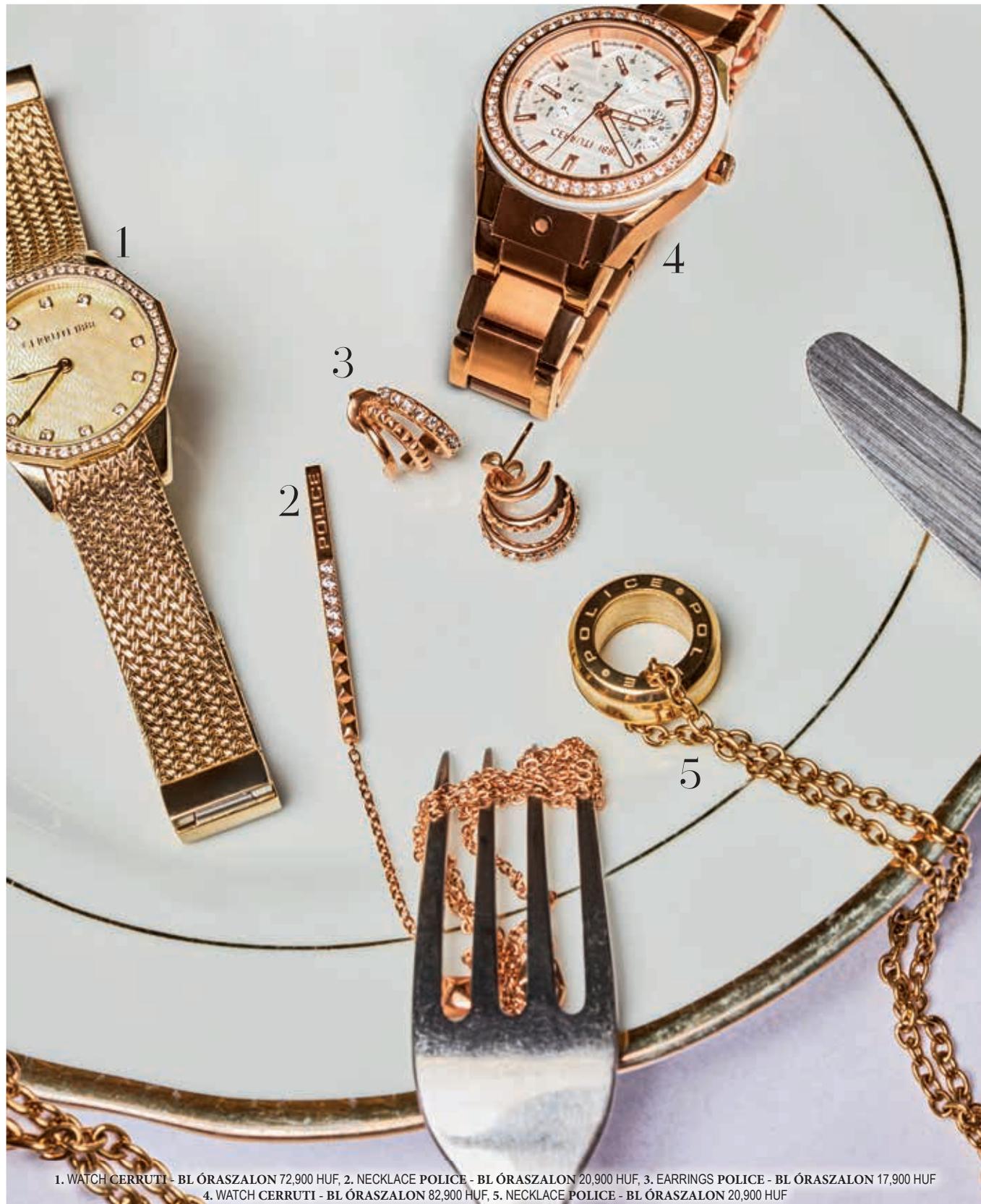
1. CHAIN LINK NECKLACE BIJOU BRIGITTE 3,990 HUF, 2. EARRINGS BIJOU BRIGITTE 3,990 HUF, 3. RING BRACELET BIJOU BRIGITTE 3,990 HUF



1. WATCH THOMAS SABO - SMARAGD SHOP 122,000 HUF, 2. EARRINGS THOMAS SABO - SMARAGD SHOP 35,300 HUF
 3. NECKLACE THOMAS SABO - SMARAGD SHOP 71,300 HUF, 4. EARRINGS THOMAS SABO - SMARAGD SHOP 94,700 HUF
 5. RING THOMAS SABO - SMARAGD SHOP 46,400 HUF, 6. BRACELET THOMAS SABO - SMARAGD SHOP 12,200 HUF
 7. LOTUS CHARM THOMAS SABO - SMARAGD SHOP 12,200 HUF, 8. NECKLACE THOMAS SABO - SMARAGD SHOP 169,300 HUF



1. RHINESTONE BRACELET BIJOU BRIGITTE 4,990 HUF, 2. EARRINGS BIJOU BRIGITTE 3,490 HUF, 3. HEADBAND BIJOU BRIGITTE 11,990 HUF
4. PACK OF NECKLACES BIJOU BRIGITTE 7,590 HUF, 5. HEADBAND BIJOU BRIGITTE 7,990 HUF, 6. EARRINGS BIJOU BRIGITTE 4,990 HUF
7. RING BIJOU BRIGITTE 1,990 HUF, 8. RHINESTONE BRACELET BIJOU BRIGITTE 5,990 HUF



1. WATCH CERRUTI - BL ÓRASZALON 72,900 HUF, 2. NECKLACE POLICE - BL ÓRASZALON 20,900 HUF, 3. EARRINGS POLICE - BL ÓRASZALON 17,900 HUF
4. WATCH CERRUTI - BL ÓRASZALON 82,900 HUF, 5. NECKLACE POLICE - BL ÓRASZALON 20,900 HUF

TURTLENECK
SWEATER
PULL&BEAR
7,990 HUF



VEST
BERSHKA
7,995 HUF



SUNGLASSES
CCC SHOES & BAGS
16,995 HUF

SHIRT
ZARA
10,995 HUF



GLOVES
CCC SHOES & BAGS
9,995 HUF

COAT
ZARA
25,995 HUF



OVERPOWERING CHARM

Elegant leather accessories, beige tones that radiate from the fall landscape, well-defined blues, and manly scents. This fall fashion and impeccable comfort go hand in hand. Earth tones dominate the men's sections, while the choice of comfy materials will enable you to be yourself in all situations.



BOOTS
CROPP
19,995 HUF



PANTS
H&M
9,295 HUF



BRIEFCASE
CCC SHOES & BAGS
19,999 HUF



- 1. LA NUIT DE L'HOMME EDP (40 ML) YVES SAINT LAURENT - DOUGLAS 21,600 HUF,
- 2. ARBER EDT (100 ML) THE BODY SHOP 9,990 HUF
- 3. CUIR VETIVER EDT (100 ML) YVES ROCHER 17,990 HUF,
- 4. WHITE MUSK FOR MEN (100 ML) THE BODY SHOP 9,990 HUF
- 5. OUD WOOD EDP (30 ML) TOM FORD - DOUGLAS 46,290 HUF



SUNGLASSES
ZARA 15,995 HUF

PACK OF
NECKLACES
H&M
2,495 HUF



SWEATER
BERSHKA
10,995 HUF



SWEATER
PULL&BEAR
10,995 HUF



BEANIE
BERSHKA
4,995 HUF



T-SHIRT
H&M
4,495 HUF



JACKET
H&M
17,995 HUF

BELT
ZARA 9,995 HUF



JEANS
BERSHKA
9,995 HUF



BOOTS
ZARA
25,995 HUF



Style and comfort on a small scale

Even though the wild abandon of the summer holiday is over, comfortable sets are a must for the cooler fall months, too. Comfort is a priority: not only because kindergarten and school are in but also because nothing should stop the small ones from discovering the many splendored world in their free time. Whether butterfly or dinosaur patterns, powder or deep blues, the display of color is guaranteed to be paired with soft and quality fabrics as well as sleeves optimized for constant motion. In fall 2022 children's sections will feature only pieces and accessories that are a delight to wear.



1. BACKPACK H&M 6,995 HUF, 2. SHIRT ZARA 6,595 HUF, 3. CAP H&M 1,990 HUF
4. SUNGLASSES ZARA 3,595 HUF, 5. SNEAKERS ZARA 10,995 HUF, 6. DENIM JACKET ZARA 10,995 HUF
7. LEGO MINECRAFT JÁTÉKSZIGET 19,999 HUF, 8. LUNCH BOX H&M 1,995 HUF, 9. TWO-PIECE SET ZARA 8,995 HUF



1. DRESS H&M 3,995 HUF, 2. BEANIE ZARA 2,595 HUF, 3. VEST H&M 5,995 HUF, 4. BELT BAG ZARA 7,595 HUF, 5. HAIR CLIPS SET H&M 790 HUF
6. CARDIGAN H&M 5,995 HUF, 7. SOCKS TEZENIS 2,490 HUF, 8. KEY RING BIJOU BRIGITTE 2,990 HUF, 9. SNEAKERS H&M 3,995 HUF
10. SYLVANIAN FAMILIES SWEETS STORE JÁTEKSZIGET 9,599 HUF, 11. WATER BOTTLE H&M 1,995 HUF



S
W

TOP SUGARBIRD 62,990 HUF
SKIRT SUGARBIRD 63,990 HUF
EARRINGS BIJOU BRIGITTE 3,990 HUF
BRACELET BIJOU BRIGITTE 4,990 HUF
PACK OF BRACELETS BIJOU BRIGITTE 4,990 HUF

Slow down!

Women of the modern age are all booked up. Meetings in quick succession, deadlines harassing nonexistent free time, and there's shopping to do, errands to run, keeping the social scene alive. In the meantime they're never only offline, of course, but are for-



ever present on the virtual plane lest they should miss out on something. If you feel these lines describe your life, and you can add at least a dozen extra activities to the list, then it's high time you slackened a little and had a taste of slow life. If this definition makes you glance at your watch and think you don't have time for this, then let me tell you it is something entirely different from

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what you expect. You don't have to trade your laptop for a view of the chicken coop or make your online life your greatest enemy. It only involves listening to your inner voice, severing more and more digital umbilicals connected to the activities that you do, and trying to experience the moment rather than only live in it. Slow life starts with baby steps to make you realize that nothing in life forces you to hurry. Errands will have to wait, even if you choose to have a 15-minute- or an hour-long chat face to face and not via some chat app. Find your own rhythm and don't follow any directions of the outside world. Lose yourself in your mind and notice the positive impacts of this slower pace. You can be sure they will come to you in abundance. So, are you up to it? Don't hesitate. We brought

you the most comfortable pieces for your slow life makeover, which will definitely not distract you from enjoying your life. Earth tones, soft materials, back-to-nature chic, and overflowing calm: this year the benevolence of slowing down will flood not only your soul but the world of fashion, too.

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MODEL: JESSICA GILCHRIST, PHOTO: FLÓRA FÜLÖP, MAKEUP: KATE KLAPKA, LOCATION COURTESY OF TUBA VINTAGE.



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Move it!

Summer bods are made in winter, as they say, but fall is the time to make preparations for an active life! Choose any sport you like, because the wide choice of sets in stores will wipe all your worries away!



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HERVIS
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CHIC FOR

ALL AGES

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VISION BY OPTI MARKT 49,990 HUF

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MODELS: ÉVA NAGY, MARIKA SÁRKÖZI, PHOTO: NORBERT PORCÍÓ, MAKEUP: KATE KLAPKA, HAIR: LAJOS VISKI, LOCATION COURTESY OF NÉPBOLT.



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- Pro Power motor
- stainless steel coated cutting edge
- mains or battery mode
- charge indicator LED

Article number: 1069890



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Automatic voltage matching

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**REMINGTON D5408
HAIR DRYER**

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- 3 temperature levels
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HAIR DRYER**

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**REMINGTON S5505
HAIR STRAIGHTENER**

- rapid heating, ceramic - ultra tourmaline coating
- automatic shutdown, temperature control

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Automatic voltage matching

REMINGTON

**REMINGTON S9300
HAIR STRAIGHTENER**

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- rapid heating
- digital display, max. up to 230°C

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• 39 length settings
• battery operated
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SYNAESTHESIA

Fall winds up our senses. Watching the falling leaves and the rearguard of flowers blooming in September we almost feel the scent of this stuffy and overcast season stuck between the end of summer and winter. So bathe yourself in the colorful essences of the season!



GRAPHICS: ANDREA KALOCSAI, KA-ART

1. GORGEOUS GARDENIA EDP (30 ML) GUCCI - DOUGLAS 30,990 HUF, 2. AQUA ALLEGORIA FLORA SALVAGGIA EDT (75 ML) GUERLAIN - DOUGLAS 33,290 HUF
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BLOOMS IN FALL

Not even the colder weather can deter fashion from keeping on the richly colored, scented blooms of summer. Adorn yourself with the treasures of the fields!



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SWEATER NEW YORKER 5990 HUF

THE WATCHWORD IS: MASCULINE!

Raw power, confidence, and spellbinding charm. In addition to the three tokens of the masculine style a fourth will be provided by Fórum Debrecen's stores, as this fall representatives of the stronger sex may choose from many comfortable and manly pieces, whether sporty or elegant. Gentlemen! The time has come to check out the hunting grounds of fashion.

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JUMPER TOMMY HILFIGER 65,999 HUF
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TIBI

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MODELS: TAMÁS SERESTYÉN, PÉTER JANKA, TIBOR SZOBOSZLAI, PHOTO: NORBERT PORCÓ, LOCATION COURTESY OF TASKÓ AUTÓBONTÓ.



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BOMBER JACKET H&M 17,995 HUF
JUMPER TOMMY HILFIGER 52,999 HUF
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TOMI

DENIM JACKET LEV'S STORE 43,990 HUF
PANTS H&M 6,495 HUF
BRACELET BIJOU BRIGITTE 3,990 HUF

TOMI
LEATHER JACKET LAAG&HILL 119,990 HUF
SHIRT H&M 7,995 HUF
T-SHIRT NEW YORKER 3,990 HUF
PANTS LAAG&HILL 29,990 HUF
BOOTS CCC SHOES & BAGS 23,995 HUF
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NECKLACE POLICE - BL ÓRASZALON 26,900 HUF
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DENIM JACKET LEVI'S STORE 43,990 HUF
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#BookBoard

Will reading continue to be fashionable?

It is a widely held belief bordering on fact that people are reading less and less. Children today especially abhor this substantial but slow activity. But can we really give in to this generalization? Are children really to blame?

Focusing on reading habits when analyzing the changes throughout the centuries may yield interesting findings. Reading revolutions are not unknown to history. Books were first handwritten and made for relatively few people until printing revolutionized reading habits in the 15th century, but learning to read was essential if you wanted to pick up a book. I don't want to roll out a historical treatise, so I researched the topic only to learn what changes reading habits underwent and what impact that had on our world today. We have come a long way from murmured reading (characteristic of the 9th century, in which reading became a meditative activity, whereas before that reading out loud became a rarity, as few were capable of doing it and those who were did so before crowds, so it was a kind of advancement) to gathering information to entertainment.

Is the Internet an enemy of reading?

According to a popular opinion, kids (and some adults, too) ignore books because they use their smart phones instead. This is not an overstatement, but still it matters what we do on our phones. As an aside, let me bring up the question whether smart phones make us cleverer or the other way round: render us stupid. Gathering information indeed shifted to the Internet, even if our sources of info are dubious. Today we all carry encyclopedias in our pockets; what's more, we are two swipes away from acquiring great and even greater knowledge. Put your hand on your heart: have you really never looked up some disease on the Internet? Our first reaction is to use a search engine to find out about the symptoms. That is all well and good, except when we tell our doctor that we also have the diagnosis as well as require some specific treatment. I am not one to denounce the achievements of the information society; I myself have a predilection for using them and enjoying their benefits. However, I think it is important to teach children about the appropriate use of these devices and take the time to assert control. Most paper-based books are

available in ebook formats, so digitalization can ultimately further the cause of reading, but to my mind that is not the pivotal question. We need to take another approach to reading and ask what it means today, that is to say, what its function is. If we manage to answer the question, we might also find out whether reading will continue to be in fashion. I believe that we can rule out the acquisition of information as a factor. We do not pick up books so that we may learn things: reading habits have shifted towards the field of entertainment. Reading is an experience. It is unlike anything else. When we read, learning about the story is not the most significant aspect, because we can do that by watching series and movies. It is the time allotted to reading that is precious. A real story cannot be "rounded up" in a mere sixty minutes, while

ironing clothes or doing some other chore. Reading needs time. Time—meaning free time—is becoming a rare commodity, a matter of luxury for today's person. Every aspect of our accelerated world works against reading, but if we just come to that realization we might understand why we must find the time to read. Our brain needs tranquility, our body needs to rest in a comfortable armchair, but most of all, our soul needs to journey through books, which slow down and sometimes even halt the rush of stress caused by the acceleration of our world.

Consider the benevolent impacts of reading books: we can all agree that they entrance and entertain. Who wouldn't want to feel entranced

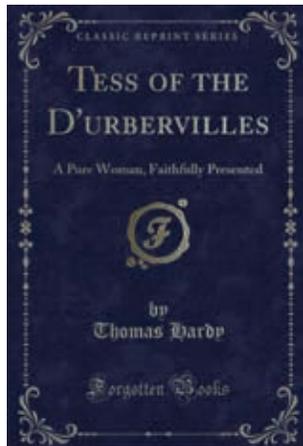
and entertained? Nothing compares to a good reading experience. When a plot—whether in the genre of fantasy, high-brow literature, mystery, or only beach reading—sucks you in and doesn't let go, you have given yourself an experience that is almost unique and something that increasingly few people take. It's not far-fetched to say that reading has become a rarity, a luxury, a treat. The number of readers has visibly dwindled, but for us reading people I am sure the activity has reached the status where it is an esthetic enjoyment. Everyone has to decide whether they wish to belong in this tightly-knit club or join the common run.

I dare you to be different: stick to the luxury of reading books and help to keep the activity fashionable.



Thomas Hardy:

TESS OF THE D'URBERVILLES



The book:

The story of Tess, a beautiful peasant girl, is a late work by the outstanding English novelist. Despite her purity and noble character Tess's short life is full of failures, humiliation, and suffering, and she fights a losing battle against the world around her. A distant offspring of the once renowned and influential d'Urbervilles, the unspoiled Tess Durbeyfield enters into the service of her well-to-do relatives, and so she

starts down the path that leads toward her tragic demise. The plot follows a young girl struggling with shame and grief in the mid-1800s.

Review:

I can't even remember when I first read Tess's story. As I laid eyes upon this new, 2022 edition with Lőrinc Szabó's translation and its wonderful cover, I immediately decided I would present it here. I am convinced that those who like Jane Austen's and Emily Brontë's writings will also take Hardy in their heart (if they haven't already done so). The novel is divided into seven sections, and not by chance. While Tess is drifting



Photo: Krisztina Csárály-Nagy

CSILLA TÖRÖK-PAPP

Alföld Television Business unit manager

through her life, there is always a dividing line. The book lists the adversities of women's fate in a shockingly graphic and terrifying manner even for today's readers. Lost in the misfortunes of defloration, having an illegitimate child, and the crossfire of new loves and disappointments, the naïve Tess is a character that is as easy to love as it is to hate. This duality creates a tension that lasts throughout the novel. At the story's end Tess resolves to seek revenge on moral grounds, which seals her own destiny, too.

Favorite quote:

"The trees have inquisitive eyes, haven't they?—that is, seem as if they had. And the river says,—‘Why do ye trouble me with your looks?’ And you seem to see numbers of tomorrows just all in a line, the first of them the biggest and clearest, the others getting smaller and smaller as they stand farther away; but they all seem very fierce and cruel and as if they said, ‘I'm coming! Beware of me! Beware of me!’"

Stacey Halls: MRS. ENGLAND

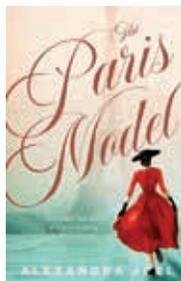


The book: Yorkshire, 1904. When newly graduated nurse Ruby May takes a position looking after the four children of Charles and Lilian England, a wealthy couple from a powerful dynasty of mill owners, she hopes it will be the fresh start she needs. But as she adapts to life at the isolated Hardcastle House, it becomes clear there's something not quite right about the beautiful, mysterious Mrs. England. Distant and withdrawn, Lilian shows little interest in her children or charming husband and is far from the angel of the house Ruby was expecting. As the warm, vivacious Charles welcomes Ruby into the family, a series of strange events forces her to question everything she thought she knew. Ostracized by the servants and increasingly uneasy, Ruby must face her own demons in order to prevent history from repeating itself.

Review: To be frank, after I happened upon the Hardy novel, my eyes only picked out book covers with similar color schemes. This is how I selected Mrs. England, which was not at all about the title character, but more about Ruby May. The writing style is in a word brilliant. The pages rush by with stoic calm, with lots of dialog, but the tension behind the sentences and words make the seemingly innocent letters appear more and more horrifying. I cannot write about the plot without spoilers, so you'll just have to read this! This ominous gothic novel with its first-person narrator narrows down the reader's perspective, which works towards the success of the story. After finishing this book I also read the author's first novel, Familiars, and I granted Halls the title of "master of suspense." The volume itself looks beautiful, while its contents are upsetting and shocking. An entirely new experience for me.

Quote:

"The room was so quiet I could hear my heart breaking, and it sounded like a daisy snapping at the stem."



The book: After a devastating discovery, Grace Woods leaves her sleepy rural Australian sheep station and travels to Paris. Owing to her special beauty and a stroke of good fortune she receives an offer from Christian Dior himself, something she can't turn down. Tumultuous post-war Paris sweeps her away, and she jumps headlong into her new life. Not only does her precious childhood dream appear to be coming true, but she just might find the way back to herself. While working as a glamorous mannequin for Christian Dior, the world's newly acclaimed emperor of fashion, Grace mixes with counts and princesses, authors and artists, diplomats and politicians. But when Grace falls for handsome Philippe Boyer she doesn't know that he is leading a double life, nor that his past might inflict

devastating consequences upon her. As she is drawn into Philippe's secret world of international espionage, Grace discovers both the shattering truth of her origins - and that her life is in peril.

Review: I could say that I was totally unbiased when I picked up this novel, but it wouldn't be true. Throughout the year we are all about fashion, and managing Forum's social media pages and organizing fashion shows somewhere along the way I got the "fashion bug." Then, seeing the short blurb on the back cover - "This novel set in 1940s Paris is based on a true story" - I knew for a fact that I had to read it. Beyond the carefully crafted, high-quality text, historical accuracy added to the glory of the book. As the plot unfolded I fell more and more for Grace, who grew up to be a real woman with each page I read, but not in chronological order. This is much more than a romantic story; perhaps it could be classified as a crossover between a family saga and a historical novel. It became an instant favorite.

Quote:

"She suddenly had the feeling as if she had been slapped in the face. Familiar objects around her - the chair, the coffee table, the light blue velvet stool - all lost their stability, and the room started spinning like a merry-go-round."

Rosie Andrews: THE LEVIATHAN

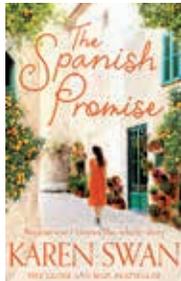


The book: Norfolk, 1643. With civil war tearing England apart, reluctant soldier Thomas Treadwater is summoned home by his sister, who accuses a new servant of improper conduct with their widowed father. By the time Thomas returns home, his father is insensible, felled by a stroke, and their new servant is in prison, facing charges of witchcraft. Thomas prides himself on being a rational, modern man, but as he unravels the mystery of what has happened, he uncovers not a tale of superstition but something dark and ancient, linked to a shipwreck years before. Something has awoken, and now it will not rest.

Review: I have no room here praise the beauty of the cover, but it falls in line nicely, and it was only later that I noticed Stacey Halls' opinion, "Spell-binding," wedged in between the title and the author. I promise I did not choose the book based only on the blurb, but at least the recommendation provided some grounds for comparison. I don't wish to rank the novels of these two authors, but if you liked this one I recommend reading Halls' novels, and vice versa. The first thing I did was look up the title: Leviathan stands for a mythical sea monster, a symbol of evil in ancient Jewish lore and the Bible. Leviathan's Greco-Roman equivalent is the whale, while it also embodied the powers of destruction in the Old Testament. I started reading with this in mind. The language is engaging, interspersed with scripture, yet it does not proselytize, its inherent religion is based on an ancient value system, a matter of morals. It depicts the struggle between good and evil in an obscure and agitating world. This mysterious story enraptures, captivates, and forces you into a corner from the first page. It was hard to believe I was reading a debut novel. I will be watching out for other books by Andrews.

Quote:

"She was everything unknown and unknowable: the blurred face at the window, the whisper of a breath in an empty room, the dawning realisation of a world beyond the one we know."



The book: When one of the richest men in Spain is in his final days, his family are shocked to discover he is about to sign away a huge bulk of his estate to a mystery woman, Charlotte, a young lady whom the relatives have never heard before. Who might she be? How did she manage to wrap the immensely rich Carlos Mendoza around her finger? Charlotte Fairfax is asked to travel to Spain and visit the upset family in their ancestral home. Charlotte's wedding is scheduled for a week after that, but she is confident that she will have cleared up the matter. While she's at it, she digs down into family history and unearths a dreadful and dark chapter of the past. The story of two people who had been separated by a conflict.

Review: A sparkling novel in which Karen Swan spirits the reader away to Madrid's vibrant streets. I classify Swan's novels, all sixteen of them, as light holiday reading. I have already traveled with her to Paris, many times on Christmas, and to Tiffany's. Considering the style I suspected the author is no stranger to the world of fashion. Karen Swan had worked as an editor in the fashion industry, but soon discovered that instead of a graphomaniac fashion expert she is much better in the role of a stylomaniac writer. I confess I had to make myself get down to this book a second time, because first I found it difficult to identify with. In this love story shot through with mysteries, I found the past more captivating, even though slowly unveiled, than the events of the present. The novel reads well, and the story is easy to love. It should only be read for recreation, mind you, but it duly saves the last surprises until the very last pages.

Quote:

"Money is like beauty: a blessing and a curse; people think it's the answer to everything but it destroys as many lives as it saves. Any rich person will tell you that money is a prison."

Victoria Aveyard: RED QUEEN



The book: "In school, we learned about the world before ours, about the angels and gods that lived in the sky, ruling the earth with kind and loving hands. Some say those are just stories, but I don't believe that. The gods rule us still. They have come down from the stars. And they are no longer kind." The Reds are commoners, ruled by a Silver elite in possession of god-like superpowers. And to Mare Barrow, a seventeen-year-old Red girl, it seems like nothing will ever change. That is until she finds herself working in the Silver Palace. Here, surrounded by the people she hates the most, Mare discovers that, despite her red blood, she possesses a deadly power of her own. One that threatens to destroy the balance of power. But this is a world of betrayal and lies, and Mare has entered a dangerous dance. Power games have a double edge, and no-one can say who will ultimately be victorious in this world rent asunder by blood.

Review: I picked this book from the store shelf without any previous research. Young adult fantasies with heroes are not among my favorites, but I was curious. I was not disappointed. The author has created a well-wrought and imaginative world that carried me away from the first moment. At the start I tried to find out where the plot was heading and first I thought that I would be reading creatively rendered battle scenes with unparalleled vocabulary, but the author managed to keep me surprised up to the final pages. She peppered her story with problems of love, trust, friendship, and family in a way that sent shivers down my spine. I wasn't annoyed by her stressing that "anyone can betray anyone," because she only kept my attention alive, and I knew all along that something was off and nothing was as it seemed. Readers looking for romance will not be disappointed either; Mare's relationship with three different men is wriggled into the story in a cunning way.

Quote:

"Still, I'm sad when the song ends. As the notes fade away into the air, it feels like I'm falling back to reality."

Food style

Chestnut soup

with sweet potato, bacon chips,
and ginger yoghurt

Preparation

Sauté diced onion in melted butter, toss with peeled and diced celery, sweet potato, and chestnut.

Add broth and cook the vegetables until soft. If desired, save 3 or 4 sweet potato pieces for serving. Blend the soft vegetables, and if too thick, add more broth.

In the meantime, fry the bacon slices in a pan at 170 degrees Celsius for 20 minutes until crispy.

Grate the fresh ginger, and squeeze the juice into the yoghurt.

When serving use the sweet potato pieces, break the bacon chips, and make the chestnut soup silky smooth with the ginger yoghurt.

Ingredients:

- 1 tbsp butter
- 1 onion
- 1 small stalk of celery
- 1 medium-size sweet potato
- 40 dag chestnuts (peeled and raw)
- 1 l brotha
- 2 dl yoghurt
- 1 small thumb of fresh ginger
- 10 dag sliced bacon



WHOLE PORK TENDERLOIN

with chili pumpkin and honey figs



Ingredients:

- 0.5 kg pork tenderloin
- 1 rosemary sprig
- 1 tsp salt
- 0.5 tsp pepper
- 10 dag butter
- 1 tbsp olive oil

For the pumpkin puree:

- 1 kg pumpkin
- 1 tsp chili powder
- 1 tbsp butter
- salt

Honey figs:

- 6 figs
- 2 tbsp honey

Directions:

Remove the pellicle from the tenderloin, then cut off the ends to get a nice uniform tree trunk shape. Season with salt and pepper. Place the meat, the butter, and the fresh rosemary in a vacuum bag. Cook in an appropriately heated sous vide cooker (for 40 min at 67 degrees Celsius).

While the meat is cooking, peel and dice the pumpkin. Heat butter in a pan, then throw in the pumpkin pieces. Let them brown a little, add chili, and pour hot water over to cover the pumpkin. Boil until soft. Straining the pumpkin, use a hand-held blender to puree it, then season according to your taste with salt, a little nutmeg, and more chili if necessary.

Quarter the figs lengthwise and pour honey on them, then caramelize the pieces in a preheated nonstick frying pan.

When the meat is done, remove it from the bag. Sear in olive oil in the preheated pan until evenly brown. Let it rest, then cut it up into slices of the desired thickness. Place the chili pumpkin puree on plates and arrange the tenderloin slices and honey figs. Sprinkle with pan juices or a little honey.

CINNAMON PLUM PIE

Directions:

To make the crust mix flour, baking powder, and finely cut butter and break the mixture up with your fingers to get a crumbly texture. Add sugar, vanilla sugar, lemon peel, and egg yolk, then knead together. After that wrap in foil and let it rest in the fridge for 30 minutes. Wash and pit the plums, sprinkle with cinnamon and cane sugar. After letting it rest divide the dough into one-third and two-thirds. Stretch the larger part into a buttered pie dish, and sprinkle with ground almond before spreading the plums. Stretch the rest of the dough, cut into strips, then make a lattice on top. Beat the egg whites and brush the crust, then bake in a preheated oven for 40 minutes at 175 degrees Celsius. Bake until golden brown, when it is ready to serve.

Ingredients:

For the crust:

- 30 dag flour
- 20 dag butter
- 10 dag powdered sugar
- yolk of 1 egg
- peel of 1 lemon
- 1 tsp baking powder
- 1 packet vanilla sugar

For the filling:

- 50 dag plums
- 1/5 tsp cinnamon
- 3 tbsp cane sugar
- 5 dag almonds (ground)



SPECIAL THANKS TO
LEROY CAFE DEBRECEN
FOR THE RECIPES!
VISIT US AT FÓRUM MALL

THE FOOD WAS PREPARED BY ENIKŐ BÓKÓNYI,
THE CHIEF OF LEROY CAFE DEBRECEN.

FASHION BUZZ TOGETHER

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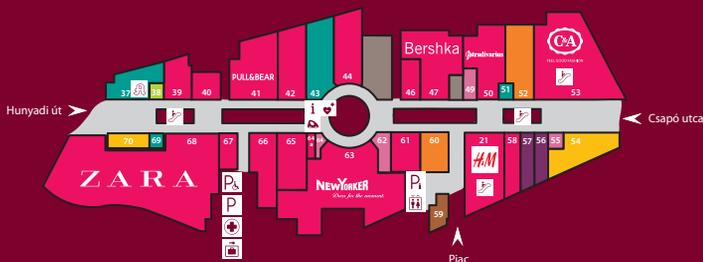
1ST FLOOR



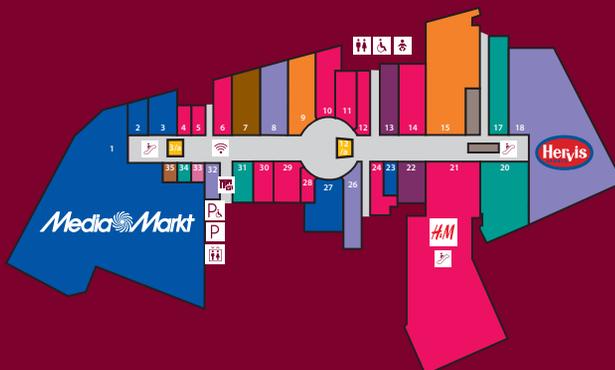
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-1ST FLOOR



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Luggage storage



Male/Female Toilet



ATM



Changing room



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Car wash



Disabled parking



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Escalator



Elevator



Parking lot office



Little Car



First Aid Point



Package sending machine



Free WiFi



Pharmacy



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